

August 2025

Last month, our eblasts covered:

- League officer duties
- League finances
- Other important information to complete your duties as an officer

If you missed any of last month's Rules Extras, please click [here](#).

This month, we will cover:

- USBC Membership Applications
- 2025-2026 Playing Rules and Commonly Asked Questions
- Adult/Youth league requirements
- Youth leagues
- Deadline for proposed changes to USBC rules

If you are no longer a league officer, please forward Rules Extra to newly elected officers so that they will be more knowledgeable in their new role.

Please forward Rules Extra via email to your fellow officers and league members.



IN THE NEWS

2025-2026 USBC Membership Applications

USBC thanks you for your continued efforts in collecting accurate and complete information from your league bowlers on their USBC membership applications. Accurate member information improves the fulfillment of membership cards and member benefits to your league bowlers. A reminder that date of birth is required for all members, and ensuring you have good emails of your bowlers ensures they receive USBC news - such as the First Frame powered by Bowlers Journal – this season!

You have the ability to join or renew your USBC membership online!! Click [here](#) to go to the online membership page.

2025-2026 Playing Rules and Commonly Asked Questions

The 2025-26 USBC Rulebook is now posted and can be accessed [here](#). The rulebook is available online and through the BOWL.com app. The online USBC Rulebook features a Table of Contents with direct links to rules and the inclusion of links throughout the rulebook that will provide quick access to referenced rules and CAQ's.



LEAGUE RESOURCES

Adult/Youth Leagues

Adult leagues allowing USBC Youth members 18 or younger to participate must be certified as an adult/youth league and must comply with USBC Rule 400. Also, those 18 or older must complete U.S. Center for SafeSport training. [All](#) officers must be Registered Volunteers (SafeSport trained and background screening through NCSI). See [Rule 100b](#) for more.

To access the Athlete Safety/RVP Handbook, click [here](#).

Youth Leagues

Promote your scholarship leagues. If you have unassigned funds in your SMART account, use them to promote bowling. Inform the parents/youth that you are adding additional scholarship funds to the prize fund and/or have the youth/parents help promote your leagues. For example: Everyone receives prizes in the form of scholarships, and for each new bowler you bring in, you both receive scholarship funds. This is a great way to have others promote your leagues.

If you would like to provide scholarships, get started by submitting this [form](#) to SMART@bowl.com.

When certifying your league, don't forget to include your SMART account number on the league application.

Deadline for proposals for changes to USBC rules is fast approaching

Proposals for changes to USBC rules are due by Sept. 1, 2025. If you have a rule change you would like to be considered by the USBC delegates, send your proposal to rules@bowl.com by Sept. 1, 2025.



Busted, Plausible, or Confirmed:

Myth #30: A team or individual can pre-bowl for the first league session.

Myth #34: Once adopted, all league rules are final.

[Get the answers to these and other bowling myths.](#)

Want to be part of Mythbusters? Send your bowling myth to Rules@bowl.com.