

# USA Bowling Youth Sports Model



### Summary

- USBC Youth Mantra
- What's Missing/Why Something Different?
- USA Bowling The Program
- How To Get Started
- How To Get New Kids To Your Center
- Coaching
- Summary



#### **USBC** Youth

- USBC Youth Bowling Mantra
  - -"Get Them In"
  - -"Get Them Excited"
  - -"Get Them Committed"



#### **USBC** Youth

- We Do "Get Them In"
  - Bowl Annually: 20,293,000 (41% of all kids)
- We Struggle to "Get Them Excited"
  - Frequently: 3,480,000 (17%)
- We Do Not "Get Them Committed"
  - Sanctioned Competition: 212,000 (1%)



# Bowling

- What are we missing?
  - Visibility
  - Shorter Seasons
  - Physical Activity
  - Team/Social Effect
  - Easy to Understand Format
  - Skill Development
  - Coaches
  - Training Program For Coaches



# Youth Sports

### Youth Development

 "There is common agreement that the quality of the youth sports experience depends on the competence of the adult leaders; most specifically, the coach. Thus, educational programs for volunteer coaches would seem to be in demand, but such is not the case."

Youth Sports in America - Study Commissioned by Michigan State University



USA Bowling
The Program



### USA Bowling – The Program

#### Vision

- Develop a mainstream sports model for youth bowling
- Develop FREE coaching tools for our volunteers

#### Mission

 Build a development program that drives kids to choose to become lifetime bowlers



### Philosophy

- Safety first RVP
- Everyone competes
- Positive coaching reinforcement
- Competitive, balanced teams
  - No handicap
- Proper skill development



# **USA Bowling: The Model**

- Team-based structure similar to other youth sports
- Similar age, competitive, balanced teams
- One coach per team of four or five
- Regular practice separate from competition
- Short season league cycle
- Fun, social environment



#### **Basic Structure**

- 8 week program: One signup fee \$75-100
  - Two weeks of practice to start (two pre set times)
  - Six weeks of practice and competition (two pre set times)
- Team sport: 4/5 kids on a team
  - One coach/volunteer per team
- 1 regular team game/2 baker games (1 hr 15 minutes)
  - No handicap
  - No awards
- Party last week Championship Saturday
  - Position round
  - Trophy presentation



### League Schedule

#### 8 Weeks

- Week 1: 2 Practices Only
- Week 2: 2 Practices Only
- Week 3: 1 Practice, 1 Competition
- Week 4: 1 Practice, 1 Competition
- Week 5: 1 Practice, 1 Competition
- Week 6: 1 Practice, 1 Competition
- Week 7: 1 Practice, 1 Competition
- Week 8: 1 Practice, 1 Position Round,
   Awards Presentation, Party



#### **Features**

- Similar to other youth sports programs
  - More attractive to non-bowlers who don't understand our longer season
  - Trained coaches and instruction per team
  - No more than one team need to practice at the same time
  - No more then two teams need to compete at the same time
    - A benefit for lane availability and team play
- Program led by a league commissioner



# Bowling

- Did we address the issues?
  - Visibility
    - No
  - Shorter seasons
    - Yes, 8 week schedule
  - Physical activity
    - · Yes, added practice time
  - Team/social effect
    - Yes, team based format
  - Easy to understand format
    - Yes, NO handicap simplified scoring
  - Skill development
    - Yes, practice separate from competition
  - Coaches
    - Yes, one per team
  - Training program for coaches
    - Stay tuned



#### **Success Stories**

- West Acres Bowl Wichita, KS
  - Pioneer
- Rab's Country Lanes Staten Island, NY
  - First year, 130+ bowlers
- Red Apple Sports Center Bartlesville, OK
  - First try, 50+ bowlers
- Vestavia Lanes Vestavia, AL
  - Parent Involvement
- Pla Mor Bowl Iowa Falls, IA
  - Initiated "the draft"
- Alley Cats Arlington, TX
  - FEC



# Getting Started

How To?



#### How To?

- Familiarize yourself with the program
- Design your center's model
  - We offer a basic model that you can modify to fit your center and youth's needs!
- Set goals
- Create and execute your marketing plan
- Train your coaches, volunteers and staff



- Familiarize yourself with the program
  - Understand the basic format and rules
  - Understand your target audience
  - Develop your strategy for using the program and how your center and youth could benefit
  - Identify potential commissioners and select one
    - Someone who is open minded and passionate about the game



- Design your center's model
  - Feel free to use the basic format OR
  - Make it fit for you!
    - What is your team format (trios or doubles)?
    - When are they going to practice (lane availability)?
    - How many coaches per child (key)?



- Set goals
  - Aggressive but attainable
    - Existing kids
    - New kids
    - Coaches
- Target and plan timing
  - September or October followed by a January second season?



- Create and execute marketing plan
  - Check out the Youth
     Resource Center for help
  - www.bowl.com/YouthResourcecenter



- Create and execute marketing plan
  - At 8 weeks prior to launch
    - Post in-center materials like counter cards, posters, web-based ads and email blasts



- Create and execute marketing plan
  - At 6 weeks prior to launch
    - Distribute flyers in the community including partners, information boards, restaurants, grocery stores, etc.
    - Build advocates
      - YMCA partners
      - Parks and recreational groups
        - » 20 Kids B&B







- Create and execute marketing plan
  - Don't want to do it yourself?
  - Call US!
    - \$129 USA Bowling Marketing Kit
      - Posters
      - Counter Cards
      - Fliers
      - Printed, Shipped to You and ready to go!



### Training

- Staff (front counter, snack bar, redemption counter)
  - Explain the concept
  - Set expectations and specific scripting
  - Make sure everyone has a complete understanding and can recruit
- Coaches and volunteers
  - Enroll in USA bowling coaching program



Kids/Coaches



### Attracting Youth to the Program

- Schools
  - Understand the policy for submitting flyers to school districts – IT IS POSSIBLE
- Local family magazines
  - Free placement
  - Ad placement
  - Pitch a possible feature placement
- Newspapers
  - Popular columnists
  - Family section
  - Sports section



### Attracting Youth to the Program

- Signage in-ground stakes
  - Outside your center "sign up's now!"
    - Busy intersections
- Flyer placement/community partners
  - Information boards
    - Restaurants
    - Grocery stores



### Recruiting Coaches

- Be on the look out for the right fit!
  - Good communication skills a must
  - Good time management skills
- Potential Candidate Pool
  - Parents
  - Graduating youth league players
  - Local college bowling team members
  - Interested adult league players



Who's going to do all this?



### Youth Sports

- The backbone of youth sports is volunteers
  - AYSO
    - 750,000 kids
    - 32 paid employees



# Responsibilities

- Center
- Commissioner
- Coaches



# Center's Responsibilities

- Sales, marketing and sign ups
- Recruiting players
  - Taking payments
  - Making lanes available at workable time
- Recruiting coaches
- Gathering feedback
  - Execute surveys at beginning and end of program



### Commissioner's Responsibilities

- Creates entire competition schedule
  - Executes to coaches first meeting
- Manages coaches
  - Obtains sign-ups from center and distributes to coaches
    - Players/parents contact info
- Be readily available for support
  - Coaches, parents, players
  - Possibly sub-in as coach if needed



### **Coaches Duties**

- Manage everything for the players
  - Communicate with parents
    - Practice times/pre booked schedule
    - Changes in scheduling
  - Manage the kids
    - Plan/execute practice time
      - Skill instruction mixed with FUN
    - Manage the competition
      - Positive reinforcement



Coaching



# **USA Bowling Coaching**

- Mission Statement
  - We will teach the game, sport and activity of bowling in a way that passes on the knowledge of the game
    - Instructors
    - Volunteers
    - Youth of today





# What is USA Bowling Coaching?

- Grass Roots seminar program
- Delivered to youth volunteer instructors through seminars across the country
  - Seminars are FREE to BPAA member centers or USBC Association Leaders
  - YES Fund

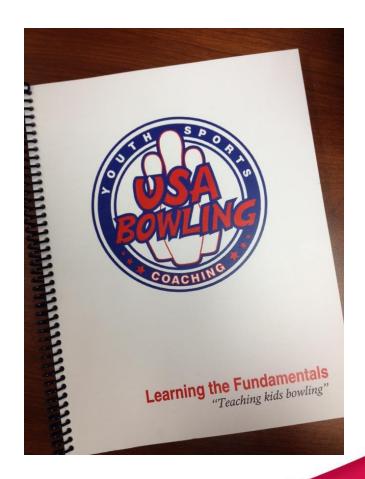




#### What You'll Get

#### Benefits include:

- 140-page USABowling CoachingManual
- 8-week Lesson Plan
- Option to receive
   Level I USBC
   Coaching certification
   (must be RVP)





### Want to hold a seminar?

- YES! We will provide the materials
  - Curriculum, presentation \$200
  - Enough for 25 volunteer coaches
  - You provide the Instructor Or
- We can also provide the Instructor
  - Curriculum, presentation, instructor \$500



### Summary

- USA Bowling Competition
  - Turn key program ready to execute
  - Youth Resource Center
- USA Bowling Coaching
  - Send your volunteers today!
  - Hold your own!



- Questions?
- We Are Here To Help!

USA Bowling Manager (817) 385-8339 usacoaching@ibcyouth.com